

Who We Are in God

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from LifeWorks Ministries*

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Who We Are in God

Use these verses in your devotional time, meditate on them, write them on your heart, in your journal, or even on a sticky note to put on your 'frig! Absorbing the truth of who you are in God, who He says you are, will truly set you free. You can't drive out the lies about who and what you are without replacing them with something else. Fill your heart and soul with His truth and the lies will no longer be able to exist there.

We can only be changed by the renewing of our mind. Renewing is like housecleaning. Get rid of the clutter. A good thorough housecleaning means tossing out the old: the trash, the unnecessary stuff that no longer fits our lives. Trying to layer new belongings on top of the old or just stuffing the old items into an already overflowing closet doesn't free us up to embrace a new life. It only makes things more cluttered and blocks us from lasting, substantial change.

It is the same way in our body, mind, and spirit. We can't just cover up the old, we have to get rid of it. Cleansing your beliefs means holding the old ones up to light of God's truth and letting Him take them away. Since we can never have a vacuum, (a place in our heart that is empty), we must be consistent to fill up our heart with all that is good, so there is no

more room for the bad. Philippians 4:8 says “Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.”

You have to set your determination on thinking about and meditating about, the truth of what God says about you. Those old self images will try mighty hard to keep coming back. If you give them any consideration, if you let yourself contemplate the possibility that maybe you aren't all that God says you are, those old thoughts will take up residence again and begin to draw you back into your old life.

This is not easy. It looks easy, it doesn't take the effort of, say, climbing Mt Everest, but I don't want to minimize the struggle, either. Sadly, many of us were brought up in homes or attended schools where hurtful words and attitudes were constantly being dumped on us. We may have been immersed in abuse that severely damaged our perception of ourselves. The roots of negative beliefs are dug deep into our soul. The only way to fully get them out is by a touch from Christ.

As you spend time mediating on these scriptures, allow Him to minister to your heart. Our Lord is a gentleman, He will gently start to heal the wounds without asking you to let go of anything you are not ready to release.

If you do nothing else, set your intention on thinking only on things of truth, honesty, justice, purity, loveliness, good report, virtuous, and

praiseworthiness. This may mean disconnecting yourself from TV news, negative Facebook “friends” and toxic relationships. Get rid of junk magazines and put aside tabloid like novels.

Just like a cleansing diet removes impurities from your physical system, a diet from junky media input can cleanse your spirit.

Start in Romans and read all of chapter 12

Ephesians 4:4-24

1 Corinthians 12:1-12

For the remaining verses below, read through them and you may find some resonate with you. You read them and say “yup, I can relate to that, I already believe that about myself.” Others you may look at and not understand exactly what they mean or how they might relate to you. Take one of those and look it up, study it, ask God to show you how it applies to your life. Spend time with those verses until they start to replace the false impressions of yourself that use to live within you.

The following compilation of verses is courtesy of oneyearbibleonline.com.

- [I am a child of God.](#)
John 1:12
- [I am a branch of the true vine, and a conduit of Christ's life.](#)
John 15:1-5
- [I am a friend of Jesus.](#)
John 15:15
- [I have been justified and redeemed.](#)
Romans 3:23-24; Romans 6:6
- [I will not be condemned by God, I have been set free from the law of sin and death.](#)
Romans 8:1-2
- [As a child of God, I am a fellow heir with Christ.](#)

Romans 8:17

- I have been accepted by Christ.

Romans 15:7

- I have been called to be a saint

1 Corinthians 1:2; Ephesians 1:1; Philippians 1:1; Colossians 1:2

- In Christ Jesus, I have wisdom, righteousness, sanctification, and redemption.

1 Corinthians 1:30

- My body is a temple of the Holy Spirit, who dwells in me

1 Corinthians 3:16; 1 Corinthians 6:19

- I am joined to the Lord and am one spirit with him.

1 Corinthians 6:17

- God leads me in the triumph and knowledge of Christ.

2 Corinthians 2:14

- The hardening of my mind has been removed in Christ.

2 Corinthians 3:14

- I am a new creature in Christ.

2 Corinthians 5:17

- I have become the righteousness of God in Christ.

2 Corinthians 5:21

- I have been made one with all who are in Christ Jesus.

Galatians 3:28

- I am no longer a slave but a child of an heir.

Galatians 4:7

- I have been set free in Christ.

Galatians 5:1

- I have been blessed with every spiritual blessing in the heavenly places.

Ephesians 1:3

- I am chosen, holy, and blameless before God.

Ephesians 1:4

- I am redeemed and forgiven by the grace of Christ.

Ephesians 1:7

- I have been predestined by God to obtain an inheritance.

Ephesians 1:9-11

- I have been sealed with the Holy Spirit of promise.

Ephesians 1:13

- Because of God's mercy and love, I have been made alive with Christ.

Ephesians 2:4-5

- I am seated in the heavenly places with Christ.

Ephesians 2:6

- I am God's workmanship created to produce good works.

Ephesians 2:10

- I have been brought near to God by the blood of Christ.

Ephesians 2:13

- I am a member of Christ's body and a partaker of His promise.

Ephesians 3:6; Ephesians 5:30

- I have boldness and confident access to God through faith in Christ.

Ephesians 3:12

- My new self is righteous and holy.
Ephesians 4:22-24
- I was formerly darkness, but now I am light in the Lord.
Ephesians 5:8
- I am a citizen of heaven.
Philippians 3:20
- The peace of God guards my heart and mind.
Philippians 4:7
- God supplies all my needs.
Philippians 4:19
- I have been made complete in Christ.
Colossians 2:9-10
- I have been raised up with Christ.
Colossians 3:1
- My life is hidden with Christ in God.
Colossians 3:3
- Christ is my life, and I will be revealed with him in glory.
Colossians 3:4
- I have been chosen of God, and I am holy and beloved.
Colossians 3:12
- God loves me and has chosen me.
1 Thessalonians 1:4

My prayer is this devotional will lead you to a deeper understanding of who you truly are meant to be.

If you would like further resources to learn about uncovering your gifts, temperament, and passions and putting them to work for the purpose of fulfilling God's call in your life, please visit us at www.susanscott.org

God Bless

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